

THE PRODUCTIVE MOM

6 STRATEGIES TO GET ORGANIZED AND
GET MORE DONE WITHOUT THE STRESS

**KIDS CHORE
CHECKLIST**



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KIDS CHORE CHECKLIST

Want to get your kids helping with the chores?

Use this checklist to assign them age-appropriate tasks.

Children Ages 2-3

- ☐ Pick up toys and put them in bins or designated areas
- ☐ Put laundry in the hamper
- ☐ Wipe up spills
- ☐ Help load washer and dryer
- ☐ Wipe walls and baseboards with a wet cloth

Children Ages 4-5

- ☐ Put away belongings
- ☐ Help with laundry
- ☐ Carry and put away groceries
- ☐ Set the table
- ☐ Help clear the table

Children Ages 6-8

- ☐ Help care for pets
- ☐ Fold and put away laundry
- ☐ Vacuum
- ☐ Match socks

- ☐ Wipe down counters and sinks

Children Ages 9-12

- ☐ Help wash the car
- ☐ Learn to wash dishes or load and unload the dishwasher
- ☐ Rake leaves
- ☐ Learn to wash laundry/switch loads
- ☐ Take care of pets

Children Ages 13-18

- ☐ Do the laundry
- ☐ Wash the dishes
- ☐ Take out the trash
- ☐ Help prepare meals
- ☐ Clean windows
- ☐ Clean bathrooms
- ☐ Mop the floor
- ☐ Sweep the floor
- ☐ Help with many outdoor chores